

Multiple Intelligences Self-Profile

Directions:

Step 1 – Read each statement.

Step 2 – Using the scale below, give each statement a number that best represents how you feel about the statement.

Step 3 – Add the numbers in each section and write the total on the line.

1 = not at all like me 2 = a little like me 3 = somewhat like me 4 = a lot like me 5 = definitely like me

Section #1

- a _____ I enjoy reading.
- b _____ I enjoy jokes, tall tales, and stories.
- c _____ I easily remember names, places, dates, and other trivia.
- d _____ I have a highly developed vocabulary.
- e _____ I like crossword puzzles or playing word games.
- _____ **Total for Section #1**

Section #2

- a _____ I like to explore patterns, categories, and relationships of information.
- b _____ I can compute math problems easily and quickly.
- c _____ I can group, order, analyze, interpret, and predict data.
- d _____ I enjoy strategy games (e.g. chess) and like to win.
- e _____ I ask a lot of questions about how things work.
- _____ **Total for Section #2**

Section #3

- a _____ I think in images and pictures.
- b _____ I like to draw, paint, sculpt, and engage in other art activities.
- c _____ I use clear visual images when thinking about concepts and explaining information.
- d _____ I can draw accurate representations of people or things.
- e _____ I tend to daydream when learning new information.
- _____ **Total for Section #3**

Section #4

- a _____ I learn best by moving, touching, and/or acting out information.
 - b _____ I process most of my knowledge through sensations.
 - c _____ I have well defined ability in fine and gross motor skills.
 - d _____ I enjoy taking things apart and putting them back together.
 - e _____ I can mimic other people's mannerisms well.
- _____ **Total for Section #4**

Section #5

- a _____ I am highly aware of sounds within the environment.
 - b _____ I typically play music when working or relaxing.
 - c _____ I can easily remember melodies of songs.
 - d _____ I generally know when music or a note is off key.
 - e _____ I like to sing, hum, and keep rhythm.
- _____ **Total for Section #5**

Section #6

- a _____ I like being with people more than being alone.
 - b _____ I have many friends.
 - c _____ I enjoy socializing in a variety of environments.
 - d _____ I learn best through cooperative activities.
 - e _____ I am good at communicating, organizing, and sometimes even manipulating people.
- _____ **Total for Section #6**

Section #7

- a _____ I have a deep sense of awareness of inner feelings, strengths, and weaknesses.
 - b _____ I have a strong sense of independence, strong will, and am self-directed.
 - c _____ I would rather have time to myself than be involved in group functions.
 - d _____ I like to be alone to pursue personal hobbies, interests, or projects.
 - e _____ I have a deep sense of self confidence.
- _____ **Total for Section #7**